



---

[National](#)

[Pen. Section](#)

[Previous Speakers](#)

[Contact Chapter President](#)

---

AMERICAN SOCIETY OF SAFETY  
ENGINEERS

November 2004

ORGANIZED 1911

INCORPORATED 1916



### 2004 Safety Professional of the Year - Dave Mazary

The Peninsula again gets the call! **Dave Mazary** (Giant Yorktown Refinery), former President of the Peninsula Section was "the man" at our October meeting. Dave was nominated by our previous SPY winner, **Bert Manzlak** (Jefferson Labs), which means that we have a couple of streaks going: for two years running, our SPY winner is from the Peninsula, and has the letter "z" in his last name. We're not sure what to make of that, but we do see the start of a trend.



All kidding aside, Dave is very deserving of this honor. As many of you know, Dave was instrumental in developing the Peninsula section, and has remained an active member of both the section and the Chapter. He even spoke at our member meeting in March of this year. Additionally, Dave coordinated the golf outing at this year's Virginia Department of Labor and Industry conference in Roanoke, on behalf of the Chapter.

In case you were wondering, Dave does have a full-time job, since many have likely wondered if he was just an ASSE man! Fortunately, Dave's employers at Giant Refinery have been very supportive of his work with ASSE, and this support has been mutually beneficial. Dave has even helped his facility achieve the prestigious STAR status from OSHA's Voluntary Protection Program. Dave's supervisor, **David Pavlich**, was also in attendance at the meeting to see Dave win his award.

Dave came away from this meeting with a beautiful statue and a \$100 check (courtesy of NowCare). However, with Dave's dedication to his profession and the Chapter, we earned the better part of the deal. We are proud to award this honor to him, and to nominate him for the Regional SPY award. He is a strong candidate, and we encourage you to support this nomination and congratulate Dave next time you see him \_ you may not recognize him, with the buzz cut he'll soon be getting (read the "Peninsula News" for that explanation).

Also, we would like to thank **NowCare** for their support of the award by sponsoring the \$100 prize. Additional thanks go out to Bert for nominating this strong candidate. Finally, our appreciation also goes to **Dan Hurley**, our Honors and Awards Chair, who coordinates the SPY award and moves the nominations forward.

## Sponsor Update

Many thanks to the following for their recent sponsorships/gifts to the Chapter:

**I & O Medical** (Kimberly Hughes)\_ for their continued sponsorship of the newsletter;

**NowCare** (represented by Sara Languell) \_ for sponsoring the \$100 honorarium for the SPY winner, and for their continued support of the web site (<http://www.tidewater-asse.org/>);

**Drying Solutions** (Pete and Phyllis Woodhead): For hosting the October meeting, and donating the ten centerpiece "mums" for the 50/50 raffle; and

**Safeware** (Joe Kuchem) for their donation of six protective goggles and a cooler for the 50/50 raffle.

*Thanks to all our sponsors - we appreciate your support!*

## More on Dave G. Mazary

Dave is a CSP, Certified Hazardous Materials Manager (CHMM) and Registered Environmental Manager (REM)

Endorsed by:  
Robert Rickman, VPP Coordinator from VOSH

Nancy L. Jakubec, Director, Cooperative Programs, VA. Department of Labor

Richard D. Soltran, Regional Administrator, Federal OSHA

Charter Member of the Peninsula Section and Facilitated his company's preparation for winning the OSHA VPP Star certification in the year 2000.

**ASSE Greater  
Tidewater**

**Chapter**

**MEMBER  
SPOTLIGHT**



**Name:** Donald E. Kellam, Jr.

**Company:** Bayshore Concrete Products Corporation

**Title:** Safety Director

**Years at present company:** 28th

**Years you have been in the safety industry:** 14

**Company History (years in operation, area served etc.):** 43 Years of operation serving the east coast and various places around the world.

**Business specialty:** Prestressed and Precast concrete products for bridges, piers, utility poles, building foundations and marine construction components.

**Business motto or quote about your business:** We take particular pride in our ability to fabricate unusually long, wide and massive precast items up to 300 tons. We can do the projects nobody else

**Pet Peeve:** I hate when someone lies to me when I know it's a lie.

**Dumbest thing you ever did:** Wrecked wife's car.....have never heard the end yet.

**\*Quote your favorite Cliché:** Can you hear me now?

**\*\*\*Favorite Rodney Dangerfield line or joke:** I get no Respect!

**Favorite Board Game:** Monopoly, the only time I have plenty of money in the bank.

**Red Sox / Yankees ALCS (biggest collapse or greatest comeback):** Greatest comeback to eliminate the curse of the Bambino!

**\*\*\*\*\*What is the most outlandish excuse that you ever used to call in sick from work:** Never done it!

**WORD ASSOCIATION - Write the first word that comes to mind for each of the following:**

**\*\*Pop Tarts:** Kellogg's **Pumpkin Pie:** Thanksgiving

**\*\*\*\*Fondue:** Chocolate **Football:** Oakland Raiders

**Leftover Turkey Sandwich:** It's still left!

**Camouflage:** Duck Hunting **Relaxing:** Power Nap

**Stressful:** Driving thru Hampton on 64

**Thankful:** Thanksgiving Holiday with Family

**Hurricanes:** windy

Obscure References

\* November 3rd : Cliché Day

\*\* November 19th: Pop Tarts were invented

\*\*\* November 22nd: Rodney Dangerfield's Birthday

\*\*\*\* November 25th: National Fun With Fondue Day

\*\*\*\*\* November 30th: Stay Home Because You're Well Day

### October Recap "Debunking Mold Hysteria"

Our October meeting was at the offices of **Drying Solutions**, where **Pete** and **Phyllis Woodhead** set up a number of demonstrations and models to show how moisture and mold can wreak havoc with your workplace and eventually, your health. They also talked about the myths and realities with mold and mold remediation. Our emphatic kudos go out to Pete and Phyllis, who had just celebrated their 18th wedding anniversary, and even put off their anniversary trip to host the meeting. Phyllis arranged a great Oktoberfest menu, and allowed the centerpiece mums to be given away as raffle prizes (between those 10 mums and the 6 glasses donated by **Safeware**, the giveaways were second only to our annual Christmas meeting!). **Kimberly Hughes** (I & O Medical Center) provided our "Safety Minute," giving perspective on the flu vaccine shortage, and the need to ration it to only those who need it the most. The staff of Drying Solutions were also on hand to serve as tour guides and for a time, even as treasurer! It was a terrific meeting, and we thank all those who helped to make it a success.



### Welcome! New Member Info

Please welcome John Mann to our Chapter. John is with the City of Hampton, Public Works division. Welcome, and we look forward to seeing you at one of our future meetings!

---

#### P-Section News

##### **1st Annual Mohawk-Meeting (November 2004)**

You may be wondering what in the world is a "Mohawk Meeting?" Well, Dave Mazary has put out a challenge to the Peninsula Executive Committee, "I will

#### Upcoming Events

If you have anything you would like to include in this, please feel free to let us know (jimorris@vbschools.com), and we will be happy to consider it for inclusion.

**November 10, 2004:** GTC Executive Board Meeting

get a crew cut. Yep, a hair cut down to a buzz". . . if we get 50 people to attend the November meeting. I think we can do it, but it is going to take all of us attending and bringing a guest. I'm hoping that while getting this buzz cut we can even get Dave to get a photo with a Mohawk. If we make this, there will be a photo in the newsletter to share in Dave's victory!



On top of all that, we have a great meeting planned and it is another one off the beaten path. We have been invited by the Newport News Fire Department to play with the department's "toys."

HAZMAT equipment, Bomb team, and their mobile educational unit will be on display with the individual teams giving demonstrations. This should prove very interesting to anyone related to our profession. The meeting will be held at the new NNFD training center. Mark your calendars and e-mail Mary to register.

#### **November Breakfast Meeting**

**Date:** Wednesday, November 10

**Time:** 7:30 \_ 9:00 AM

**Place:** NNFD Training Center

**Address:** 17300 Warwick Blvd - Newport News, VA

**Topic:** Chief Jones and his team for an interactive tour of HAZMAT Equipment, Bomb Team and other equipment.

**Cost:** Your time and \$10. Includes; great muffins and fruit snacks

**Reservation:** Required by noon Monday November 8

**Contact section VP of Programs:** Mary McDougal [MGMergo@cox.net](mailto:MGMergo@cox.net)

**Guests:** Always welcomed and encouraged with a member.

**November 11-12, 2004:** National ASSE Safety Training Symposium and Expo \_ Scottsdale, Arizona \_ for more information, call 847.699.2929 or go to [http://www.asse.org/safetytrain\\_symp04.htm](http://www.asse.org/safetytrain_symp04.htm)

**November 17-19:** Region VI Regional Operating Committee meeting in Columbia, SC;

**November 18, 2004:** Greater Tidewater Chapter Member Meeting \_scheduled speaker: Jim Talbot, City of Norfolk, A Review of the Hurricane Season(s), 2004 and beyond, C&M Cafeteria;

**December 8, 2004:** GTC Executive Board Meeting

**December 16, 2004:** Christmas Social, Hits at the Park, Harbor Park

**January 20, 2004:** Greater Tidewater Chapter Member Meeting \_scheduled speaker: Dr. Timothy Lee, Obici, Sleep Deprivation and its Impact on Safety in the Workplace \_ also invited to attend \_ Occupational Nurses' Association, C&M Cafeteria;

**February 13-19, 2005:** Seminar Fest, ASSE National, Las Vegas, NV;

**March 17-18, 2005:** Region VI Regional Operating Committee meeting, hosted by Greater Tidewater Chapter

**June 12-15, 2005:** ASSE National PDC, New Orleans, LA

As with any calendar, dates, times, locations are subject to change. As we get updates, we will work our best to include them in the next possible newsletter.



## Survey Says!

### ASSE GTC Wants to Know What You Think!

At our October meeting, we handed out a brief survey that a number of members returned. We would like to hear from more of you! We've prepared a short, one page survey asking your ratings and thoughts about our leadership, our meetings, the newsletter, the web site, and thoughts for a PDC this winter. We want your ideas! It should take no more than 5 minutes to complete the survey, so we are only asking for a few minutes that would be valuable for your Executive Committee and Chapter. We will again be handing out this survey at the November meeting. If you are unable to attend either meeting, we encourage you to download it from our website at [www.tidewater-asse.org](http://www.tidewater-asse.org). This way, you can print out the survey complete it, and either fax or mail it to **Jim Morris** - contact information is on the web site and the form itself.

Also, note the new look of the website ([www.tidewater-asse.org](http://www.tidewater-asse.org)). See it for yourself, and lets see what we can do to get more "hits" to what has been a very fine website. At last count (on October 25, 2004), we were at 11,050 since the site's inception. Thanks to **NowCare** for their sponsorship of the site, and to **Sarah Languell** for her work with the site.



#### November Meeting

##### A New Place, but a Familiar Face

Our November meeting marks the return of one of our favorite speakers, from whom we have not heard for a few years. **Jim Talbot** from the City of Norfolk will share his uncanny insight on the current Hurricane season as well as Hurricane Isabel from last year. These storms have such friendly names (Andrew, Agnes, Fran, Hugo, Isabelle), but there is nothing kind about hurricanes. They also churn up huge waves and torrential rains that can cause flooding and devastation, not just along coasts, but hundreds of miles inland as well. Technically, hurricane season runs from June 1 - November 30 and although hurricanes are not, generally speaking, predictable, it's fair to say that peak season varies by geography, but most of the worst in U.S. history have hit in the fall. An "average" hurricane season means we can expect eight to 11 tropical storms; of these five to seven could develop into full-fledged hurricanes. This year, we seem to have hit the motherlode, so Jim will have lots of new information to share!

Mr. Talbot is a native of Philippi, West Virginia and graduated from the Computer Systems Institute in Pittsburgh, Pa (Go

Meadows Shopping Center, where the Cinema Café on Independence Blvd. is located, this sits across the street from Giant Shopping Center. C&M has a wonderful choice of food, and a dedicated meeting room that should be a terrific new setting for our meetings.

We will also change our procedures slightly. Now, when you reserve your spot, you will no longer need to commit to a dinner choice. All you have to do is reserve your spot, and show up! Go to the banquet room, where the cost will still be \$10 at the door, at which time you will be given a ticket.

Simply get into the line (as the name implies, this is cafeteria-style) and order your entrée, two side items, (or a large salad to substitute for the entrée and veggies), a bread item, a drink, and a desert (which is a lot of food, and all of it good, especially the deserts!).

Give the cashier at the end of the line your ticket and then just come back into the room, and enjoy your lunch! We'll start the meeting at 12 noon, so our goal is to have everyone seated with their meals before then.

With this new location, we will have our

Steelers!) in 1968. He is in charge of Norfolk's All-Hazard emergency planning, Norfolk's Emergency Shelter Program and Norfolk 911 Communication Center. Jim's work with natural disasters is quite impressive, as he has been involved in a number of disaster operations, even working with Italian officials about how to handle things should Mount Vesuvius erupt, and how the US can help!

This is a joint meeting, as the Hampton Roads Federal Health and Safety Officers Council (chaired by our own Jimmy Culpepper) has been invited to attend as well.

This month will also introduce a change to our meeting location and procedures. Our new venue for this meeting will be at **C&M Cafeteria**, at 737 Independence Blvd, in the Giant Shopping Center (at the intersection of Pembroke Blvd and Independence Blvd). C&M is located at the end of the shopping center (with the large canopy), several stores down from Farm Fresh. As a point of reference, if you are familiar with the Pembroke

own dedicated room with individual controls that we feel is better suited to our growing meeting attendance. Additionally, this will provide for more of a selection of lunch items (plus desert!) and will prevent unintended interference from wait staff during the presentations.

This new process should also help us get the meetings completed during our scheduled time, as we will not be dependent on the restaurant's ability to prepare and serve the food for the rest of the meeting.

So, we encourage you to join us at the new digs for an excellent presentation!

To recap: **PLACE:** C & M Cafeteria (Giant Shopping Center, 737 Independence Boulevard, Virginia Beach); **TIME:** 11:30am; **DATE:** Thursday, November 18, 2004; **RESERVATIONS:** Contact Steve LePock at 427-7280, Extension 2, or email him at [slepock@vbschools.com](mailto:slepock@vbschools.com).



### JOB OPENING

City of Norfolk Safety Officer

Work concentrates on safety, workers compensation and disability management. Norfolk has approximately 4,500 employees, self insured for WC, Utilizes a TPA  
A minimum of 5 years of experience in each area desired  
Contact: Larry Burkhart, 664-4481, Human Resources  
Norfolk, VA. 23510

---

### Regulatory Update

This is not intended to be all-inclusive, but we hope it will give you an idea of some of the things that are going on with the various agencies that may affect your business. Our thanks go out to **Doug Alexander** (ODU), our Government Affairs Chair, for compiling this information:

On October 1st, OSHA announced that it is proposing standards dealing with exposure to **hexavalent chromium** (Cr (VI)) in general industry, construction, and shipyards. The proposals include lowering the permissible exposure limit to 1mg/m<sup>3</sup>.



### News From National

Here are a few tidbits passed along from the folks at our National office:

ASSE National has issued a call for comments regarding an ISO Standard for

Also included in the proposals are requirements for exposure control, protective clothing and equipment, respiratory protection, medical surveillance, and record keeping. Public comments on the proposed standards will be accepted until January 3, 2005. Further details of the proposal can be found in the October 4, 2004, Federal Register.

**Easy Ergonomics:** A Guide to Selecting Non-Powered Hand Tools - This document presents an easy to use guideline for selecting or purchasing the best available ergonomically designed non-powered hand tools. A checklist is provided to make it easy to evaluate the ergonomic design features of a specific hand tool or to compare two different hand tools. Selecting the best tool will help you reduce your risk of a musculoskeletal disorder, such as carpal tunnel syndrome, tendonitis, or muscle strain. This booklet covers most ergonomic features that should be considered when selecting non-powered hand tools. See [www.cdc.gov/niosh/docs/2004-164/pdfs/2004-164.pdf](http://www.cdc.gov/niosh/docs/2004-164/pdfs/2004-164.pdf) (thanks to **Jimmy Culpepper** (Navy PWC) for this item)

If you have any items across which you may run, and want them included in this update, please send the information to **Jim Morris** at [jimorris@vbschools.com](mailto:jimorris@vbschools.com).



### AIHA News

The Tidewater Chapter of AIHA is having a 1/2 day PDC at the Ted Constant Convocation Center at ODU in Norfolk. The PDC is on November 16, and runs from 1 pm to 6pm. For details of the conference, please visit: [www.aiha.org/localsections/html/tide/TAIHA%20Fall%2004PDC01.pdf](http://www.aiha.org/localsections/html/tide/TAIHA%20Fall%2004PDC01.pdf).

The cost is \$25 for members, \$50 for non-members. However, it only costs \$10 to join the local Chapter of AIHA, and that will allow you to attend for the \$25 cost. For more information, you can also contact Carter Ficklen

Social Responsibility. Comments are due to ANSI by 12/3/04, meaning ASSE needs them well before that time. For a copy of the document, contact Jim Morris ([jimorris@vbschools.com](mailto:jimorris@vbschools.com)). To comment, contact Jennie Dalesandro with ASSE National ([jdalesandro@asse.org](mailto:jdalesandro@asse.org)).

Third Annual NAOSH "Kids' Safety on the Job" Contest: Young artists needed! In an ongoing effort to educate children on the importance of workplace safety and health, the American Society of Safety Engineers (ASSE) today kicked off its third annual ASSE kids' 'Safety-on-the-Job' poster contest for ASSE members' children, grandchildren, nieces and nephews.

The contest runs through Feb. 14, 2005, Valentine's Day, and is broken down into four age categories. For details, go to [www.asse.org/naosh05](http://www.asse.org/naosh05).

Safety Training Symposium & Expo - November 11-12, 2004 in Scottsdale, AZ: There is still time to register for this intensive training experience where you will learn techniques for faster, better and more cost effective safety and health training. [www.asse.org/safetytrain\\_symp04.htm](http://www.asse.org/safetytrain_symp04.htm)

SeminarFest 2005 - February 13-19, 2005 in Las Vegas, NV: 46 seminars offering technical, management and skill development topics for the SH&E professional. This event is a great way to earn your COCs, CM, or CMP points. [www.asse.org/frsemfest05.htm](http://www.asse.org/frsemfest05.htm)

ASP/CSP Certification Preparation Workshops \_ 2005: [www.asse.org/fredu\\_prep05.htm](http://www.asse.org/fredu_prep05.htm)

Certificate in Safety Management Seminars \_ 2005: [www.asse.org/frsafety\\_cert05.htm](http://www.asse.org/frsafety_cert05.htm)

Executive Program in Safety Management Seminars \_ 2005 [www.asse.org/frexec05.htm](http://www.asse.org/frexec05.htm)

([c.b.ficklen@larc.nasa.gov](mailto:c.b.ficklen@larc.nasa.gov)), the local  
AIHA Chapter president.

Executive Committee  
President  
Jim Morris  
VA Beach City Public  
Schools  
213 N Witchduck Rd  
VA Beach, VA 23462  
(757) 473-5190



By: Charlie Casey

## The Front Line Supervisor

President Elect  
Steve LePock  
VA Beach City Public  
Schools  
2435 Princess Anne Rd  
Virginia Beach, VA 23456  
(757) 427-7280 ext 2

Secretary  
Kimberly Hughes  
I&O Medical Center  
1290 Diamond Springs  
Road  
Virginia Beach, VA 23455  
(757) 460-0700

Treasurer  
Jim Culpepper  
U.S. Navy Public Works  
Ctr.  
Norfolk, VA 23510  
(757) 444-7351

Chapter Delegate  
Jim Morris  
VA Beach City Public  
Schools  
213 N Witchduck Rd  
VA Beach, VA 23462  
(757) 473-5190

Members at Large  
Charlie Casey-Tidewater  
Skanska  
(757) 420-4140  
Tom R. Janule-Ecolochem,  
Inc  
(757) 855-9000

Past Presidents  
Herb Maher - City of VA  
Beach

Dan Hurley - City of Norfolk

Tom Hyatt - Trader  
Publishing Co

Roy Ward- Roy Ward &  
Assoc.

Website

[www.Tidewater-ASSE.org](http://www.Tidewater-ASSE.org)

Monthly Meeting

Third Thursday

One of the most important keys to success in industry today is the front-line supervisor. Daily, they set the level of attitude in an employee. The front-line supervisor can go a long way toward either making or breaking both safety and production in a company. Some will actually shake their head in disbelief at the very thought of that even being possible.

Let's explore the who and whys of this scenario by asking ourselves the following questions:

1. Who is the individual that has daily contact with the employee?
2. Who is the individual that has the best chance of building a positive attitude in the employee?
3. Who is responsible for both planning and directing the work activity?
4. Why is it important for management to support the front-line supervisor?
5. Why is it important to develop a positive attitude in our employees?

When our employees have faith in our ability, caring, and consideration for them and their job, they will respond in like fashion. A front-line supervisor has within his or her reach the power to ensure this will happen.

When we examine the who and whys, it's readily apparent that the front-line supervisor has control and the responsibility for developing our employees into positive, safe, efficient, and productive oriented people. Carefully examine all of the above, and you will find that there is not one segment that is difficult to accomplish.

When a company takes the time to properly train, support, motivate, and communicate with the front-line supervisor, it gives them the motivation to inspire their employees to develop a positive attitude toward the job, the company, and its supervision, the effect of which will be safe, quality production. We must never lose sight of the fact that front-line supervisors are made, not born. They must be properly developed in order for a company to maximize its safety and its production.

Greater Tidewater Chapter



PO Box 1497  
Norfolk, VA 23501  
c/o Tom Hyatt



*This site is sponsored by:*

**NOWCARE**  
Health & Safety  
6632 Indian River Road 757 424 - 4300  
7924 Chesapeake Blvd. 757 587 - 1700  
E-mail [HealthandSafety@NowCare.biz](mailto:HealthandSafety@NowCare.biz)