



greater tidewater chapter NEWSLETTER

NORFOLK, VIRGINIA

American Society of Safety Engineers - Greater Tidewater Chapter

May/June, 2006 edition

June's Meeting— Safe2Work

June's meeting should be an interesting overview of how safety, technology, and good old fashioned common sense can intermingle. The folks from



Vice President, and **Susan Thomas**, Manager and Quality Control from Coastal.

Coastal Training Technology will be on hand to show how these three things can combine to implement programs that can help you bring your employees back to work in an appropriate and timely manner, and enable the employees to return to their appropriate level of contribution within the workplace.

Our speakers will be Susan², meaning **Susan DeLong**,

Susan DeLong is the managing director of the 2Work Systems. She has been with Coastal for five years and has been instrumental not only in starting the 2Work Division, but more importantly, she is directly involved in the writing of the system requirements for system development, resulting in the proven 2Work systems. Sue Thomas leads the 2Work Division's Quality Control and

Testing Team, as well as their Customer Service Team. She has been with the company since 1991 and has served in many capacities, until she was chosen five years ago to lead the quality control efforts of the 2Work Division. So, join us for the last meeting of the 2005-06 Chapter Year, and learn quite a bit about how we can use modern technology to solve old issues!

To recap: PLACE: C&M Cafeteria (Giant Shopping Center, Virginia Beach, Virginia); **TIME:** 11:30am; **DATE:** Thursday, June 15, 2006; **RESERVATIONS:** Contact Steve LePock (427-7280 or slepock@vbschools.com)

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Mark Your Calendars!!!

Please mark your calendars for **July 22** – this will be our *Summer Social!!!* This one will be a real treat—an evening at the **Virginia Aquarium!!!** This will include: having a section of the aquarium all to ourselves; food; a possible “behind the scenes tour;” a visit from the Mayor of Virginia Beach (scheduled); and, if we can garner the sponsorship, a private screening of the IMAX theater. Cost and specifics to be announced soon. If you are interested in sponsoring, please contact Herb Maher (hmaher@vbgov.com).

conference in St. Louis in November.

Mr. Davenport presented an informative presentation about what is upcoming with DOL&I, and gave an overview of some unfortunate injuries, fatalities, and other incidents.

NOTE: The May and June, 2006 Edition of the Newsletter have been consolidated, apologies for any inconvenience — to get this electronically, e-mail Jim.Morris@vbschools.com for quicker delivery & direct access to links

May — Election, Scholarship, & the Commish!!



Chapter Prez Steve Lepock presents C. Ray Davenport with his Speaker's Gift from the Chapter. For more pictures, see <http://www.tidewater-asse.org>.

Our meeting this past May continued the recent trend of May being one of our strongest months! Last year, we had **Scott Gellar**, the year before, we had **Ken Stolle**. Well, this year, we had the Commissioner of Labor, **Mr. C Ray Davenport**.

...and did we show him some of the best we had to offer! **Forty-five** members and guests attended for what turned out to be a three-headed monster: we elected another strong slate of officers (see the next page for details about that); we awarded a terrific student a scholarship, and we heard from the aforementioned Commish.

Our scholarship winner this year is **Sharinna Artis**, a graduate student at Virginia Tech. Her research is in a hot

safety area: Incidence rates between Hispanic and non-Hispanic workers. Ms. Artis was very gracious in receiving her award, and we as a Chapter should be proud to have someone like Ms. Artis representing us. Her scholarship includes: \$500 direct to Virginia Tech; \$500 to cover her attendance at the Regional PDC in Myrtle Beach for the Poster Competition; and transportation to the ASSE Future Leaders



Chapter Prez Steve Lepock with scholarship winner Sharinna Artis. For more pictures, see <http://www.tidewater-asse.org>.

Elected Slate & Important Chair Positions

Our annual election was held at the May 18 meeting, and the installation by Regional VP **Jim Morris** (Virginia Beach City Public Schools) immediately followed. The 2006-07 officer and chair positions follow:

President: Steve LePock (Virginia Beach City Public Schools);

Vice-President, Programs/President Elect: Scott Kalis (Raytheon);

Secretary: Kimberly Hughes (I&O Medical);

Treasurer: Jack Moorman (Raytheon);

Delegate: Steve LePock;

Members at Large: Charlie Casey

Our Gratitude to...

We'd like to thank the following sponsors for their help with the *Safe-Tee Golf tourney*:

- Coastal Training Technology;
- I&O Medical;
- Norfolk Public Schools (c/o Dan Hurley—personal contribution);
- Safeware;
- Virtexco;
- Signal; and
- Drying Solutions.

Thanks for making the event a success!!!

(Tidewater Skanska) & Doug Alexander (ODU)

Past Presidents: Herb Maher (City of Virginia Beach) & Roy Ward (Consultant)

Additionally, your Chairpersons for the various Councils are as follows (non-elected positions):

Council on Professional Affairs: Susan George (US Army)

Council on Practices and Standards: Bobby Glenn

Council on Professional Development (PDC Chair): Steve LePock

Membership Chair: Cherie Walton (Reactives Management) and Andrea Arrendondo (Earth

Compliance Solutions)

Nominations Chair: Dwight Blankenbaker (City of Virginia Beach)

Public Relations Chair: Kimberly Hughes;

Hospitality Chair: Roy Ward; Susan George

Foundation Chair: Roy Ward;

Roster Chair: Anne Lewis (Coastal Training Technologies)

We are always looking for fresh volunteers! While our board is strong, we need to keep "new blood" running through the Chairs to keep our Chapter at its current level of strength. If you are interested in serving on the Executive Board, please contact Steve LePock (427-7280 or slepock@vbschools.com).

GREAT JOB!!!!

For those of you who participated, our first annual "Safe-tee" Golf Tournament and our OSHA 10-hour PDC were HUGE successes!! **Sixty-four golfers** attended the golf tournament. Many thanks go to **Roy Ward** (Consultant) and **Dwight Blankenbaker** (City of Virginia Beach) for heading the effort to put this together. Additionally, our *OSHA 10-hour PDC* attracted **seventy-two attendees**. As a result of the conference, many folks who were not strict "safety folk" were given a terrific overview of safety, and several safety professionals had their knowl-

edge reinforced and strengthened. Chapter members **Jim Morris** (VBCPS), **Dave Mazary** (Giant Refinery), **Dan Hurley** (NPS), **Steve Schall** (Norfolk Physical Therapy), and **Jack Moorman** (Raytheon) all taught sections of the course. Chapter Prez **Steve LePock** (VBCPS) also coordinated the event.

Both events promoted safety in the workplace, exposed a number of professionals to ASSE, and even put a little money in the Chapter coffers. Thanks to all members who attended and worked behind the scenes to make this happen. Look for these to become annual Chapter traditions.

May/June's Spotlight — Jack Dobson

RVP Note: Mr. Dobson is the outgoing National President for ASSE. I have had the privilege to work with him in my first year on the ASSE Board of Directors, and have found him to be one of the most passionate and approachable leaders with whom I have worked. Jack was nice enough to be our willing victim, er, I mean, participant in the Spotlight this month. If you are in Seattle at the PDC and see him, by all means thank him for his service... ..but after reading the "Dumbest Thing..." answer, you may want to do it from a distance!

-Jim

PS—also, ask him how it feels to be a Wisconsinian who roots for "da Bears" over "da Packers!"

Name: Jack H. Dobson, Jr., CSP

Company: Simplicity Manufacturing, Inc., Port Washington, WI

Title: Manager, Occupational Safety & Health

Years at present company: 2 1/2

Years in the safety industry: 37

Company History (years in operation, area served etc.): 84 years, Nationwide

Business specialty: Lawn and graden tractors and snow throwers.

Business motto or quote about your business: Friends don't let friends drive GREEN tractors.

Family: Wife, Sharyl. Sons, Whitney & Ken.

ASSE Involvement – year joined and committees served on: Joined in 1974. ASSE President, 2005-2006. Region V VP, VP CoPA, Consultant PS Administrator, Northeastern Illinois Chapter Past President. ASSE Committees: Finance, Strategic Planning, Nominations and Elections, Member Development & Recruitment, Standards Development.

Hobbies: Golf, travel, adjunct faculty at private university.



Pet Peeve: People who let kids stand up in a moving vehicle.

Dumbest thing you ever did: At age 10, was at a cousin's dairy farm and was going to take a "shortcut" across a pile of dirt on the concrete apron outside of the barn.

Turned out to be a two-foot deep pile of cow manure waiting to be loaded into a manure spreader.

Ice cream has gone from a couple of shelves in the grocery store to a full set of freezers with national brands, local flavors, and numerous "specialties." What is your favorite flavor of ice cream?* New York Cherry and Pecan Praline.

On June 15, 1752, Benjamin Franklin did his famous experiment with the key, the kite, and the lightning storm – electrical safety was apparently an afterthought in this day and age.

...any words of wisdom for those wishing to repeat this famous experiment... ..and is there anyone who you would recommend to hold the kite? Words of Wisdom - DON'T DO IT! But if you do, let Howard Stern hold the kite.

WORD ASSOCIATION - Write the first word(s) that comes to mind for each of the following:
Jim Morris:** Organizer, communicator, jovial.
"A turkey with people skills!"
da Bears: Reality football
Relaxing: Orcas Island after the PDC in Seattle

Barry Bonds*:** Disgusting
Electrical Safety**:** Shocking!

Summer Breezes***:** Brandy Alexander (made with ice cream)

A Good Meal: Pork loin, real mashed potatoes and corn on the cob. Unsweet tea, please!

Relay for Life***:** A great effort worthy of support

Last Day of School: Freedom

Shamu***:** Free Willy

Obscure References

* June 7, 1786: the first day ice cream was sold in the United States (don't ask us how they managed to transport it in the first "ice cream carriage," if there was such a thing - and what tune did they play?), also June 2 is "Rocky Road Ice Cream Day" & June 20 is also "Ice Cream Soda Day" <http://www.allabouticecream.com/History/nationaldays.html>;

** June is "Turkey Lover's Month" and "People Skills Month";

*** Second week of June is Little League Baseball week, on June 12, 1839, the baseball was invented, and on the same date in 1939 the Baseball Hall of Fame opened in Cooperstown, NY, and June 26 is "Baseball Day," in honor of Abner Doubleday's birthday;

**** June is "Safety Month" and "Drive Safe Month" and the fourth week of June is "Eye Safety Awareness Week" – also, June 15th is "Electricity Day," in honor of the aforementioned kite and key experiment... ..

incidentally, June 15th is also "Fly a Kite Day." Finally, June 20 is "West Virginia Day," and as you may know, this is from where our Chapter President, Steve LePock, came to us—be sure to wish him a happy "WV Day!";

***** June 12: National "Open Window Day";

***** June 4: National "Cancer Survivors Day" (<http://www.ncsdf.org>); and

***** June is "Zoo and Aquarium Month

Peninsula Section News

Our slate of officers for the 2006-2007 Chapter year, installed in our May meeting by Chapter President **Steve LePock** (VBCPS) are as follows:

- President:** Colleen Becker (Marine Chemist);
- Vice-President:** John Mann (City of Hampton);
- Secretary:** Vernon Dyke (NASA);
- Treasurer:** Donna Abbott (Tidewater Physical Therapy)

Our next Breakfast meeting will be held at Jefferson Lab on June 14, 2006. We will be discussing "Arc Flash Getting to Know NFPA 70E." We invite everyone to come out to listen and learn from someone with a vast of technical knowledge of Arc Flash. It is

a great opportunity to learn more about this standard, and how it may affect your operations at job site. Our Speaker is Mr. Ted Miles from J.D. Hudson Company.

- Date:** Wednesday, June 14, 2006
- Time:** 7:30 – 9:00AM
- Place:** Jefferson Lab.
- Address:** 12000 Jefferson Ave. Newport News, VA.
- Topic:** "Arc Flash Getting to Know NFPA 70E"
- Cost:** Your time and \$10. Includes Breakfast.
- Reservation:** Contact John Mann jmann@hampton.gov or 757-726-2931



Upcoming Events

If you have anything to include in this, please let us know (Jim.Morris@vbschools.com), and we will consider it for inclusion.

- June 11-14:** ASSE National PDC, Seattle.
- June 14:** P-Section Meeting (look left!)
- June 15:** ASSE GTC Chapter Meeting, Safe2Work, Sue Thomas, Coastal Training Technologies, C&M Cafeteria, \$10
- June 22:** ASSE teleconference— "Addressing the issue of Slip Resistance and the Safety of Walking/Working Surfaces," \$75, <http://www.asse.org/fr3383rc.htm>
- July 22:** Summer Social (Va Aquarium), *Details coming soon!*
- September 18-22:** Region VI PDC, Myrtle Beach

ASSE'S Strategic Goal – Number 8 – Students

This is the last in the review of the ASSE Strategic Plan and the Eight Strategic Goals contained therein. This month, we will review Goal 8: Establish and maintain a structured program to recruit, retain and nurture Student members.

It is common sense to say that the future of any organization lies with its youngest members. In the case of an organization with technical and regulatory expertise such as ASSE, this is even more crucial. Add to that the demographics society overall, and you realize that if we do not encourage participation of young people now, we could be in a real dilemma with both leadership and membership in the next several years.

Fortunately, ASSE has planned ahead. We are an organization that believes in supporting our students. Goal 8 is specifically set forth to meet that need. The objectives and initiatives

in this goal are in place with the future in mind. These objectives are: **1) Enhance direct recruitment efforts to increase student membership by 10% per year; 2) Increase the focus of Society's resources on individual student member needs; 3) Increase the financial support of student sections and the number of student sections meeting the annual minimum qualifications for the MSA Outstanding Student Section Award; and 4) Regularly evaluate the effectiveness of all strategies in support of Goal 8.**

Did you read that last objective? This is the only goal that includes regularly reviewing the goal as a stated objective. It's easy to look at that and think, "Well, they should be reviewing these on a regular basis, anyway." ...and you would be correct. However, education, generational evolution, and business trends can change and, with that change, have such an impact on our work that monitoring the effectiveness of this goal is of utmost importance. By regularly surveying students and faculty advisors, we can help to stay on top of the future trends in our profession. By evaluating these results and amending our goals accordingly (even beyond Goal 8), we can continue to stay ahead of the curve and, if appropriate, even "unbend" (or

further bend) that curve somewhat to help protect people, property, and the environment. Strategies and activities to accomplish the other goals include a number of recruiting, training, and scholarship/recognition activities. You see these in ASSE activities such as the Leadership Conference (this year in St. Louis, on November 2-4, 2006), the development of Student Sections, membership incentives for student members, a number of resources for students (such as brochures and web information on careers in safety), and the recognition of students in safety through scholarships and Section awards (and many thanks to terrific sponsors like MSA for that!).

...and don't think this has to start and end with college students. Some of these activities are directed toward high school students, both in general education and specialized trades. By getting safety into the curriculum early, this can be instilled as a beneficial way of doing business, rather than some annoying process that has to be done to satisfy the regulators and keep people out of trouble. We're also working on those younger kids; our "Kids in Safety" poster contests get more entries every year!

These are all high effort, high reward efforts to look to the future of our Society, and our profession in general. We need leaders to make these things happen. Mentoring must go beyond the technical aspects of what we do and include fostering management, business, and overall leadership abilities as an inclusive package with what we do. By looking at the cost and effort involved in this as *investments*, we can see that by thinking ahead and making this an integral part of our vision, we can be successful in making sure that protecting people, property, and the environment is a successful effort now, and in the years to come.

Regulatory Update

Our thanks to Doug Alexander (ODU), member-at-large and Government Affairs Chair for compiling this information. If you have information to share, please contact Doug at dalexand@odu.edu.

EPA Changes Hazardous Waste Program

Requirements: In an effort to reduce the paperwork burden imposed by hazardous waste regulations, the EPA has made some changes to the regulatory requirements of RCRA. EPA has streamlined the information collection process to ensure that only information that is actually needed to implement a hazardous waste program is collected. Because the changes were so extensive, EPA divided them in to the following categories:

Option to follow OSHA regulations for emergency training.



The amount of time records must be kept. Certification by a professional engineer. Option to follow the Integrated Contingency Plan Guidance. Elimination of selected re-

cordkeeping and reporting requirements.

Decreased inspection frequency for hazardous waste management units.

Selected changes to the requirements for record retention and submittal of records. Changes to the requirements for document submittal.

Reduced frequency for report submittal.

Further details can be found in the April 4, 2006 Federal Register.

For MORE about regulatory-type of information which has come out, including ANSI documents for Motor Vehicle Safe Practices and OSHA updates for Spanish Workers, see the Region VI CoPA newsletter at our Chapter website: <http://www.tidewater-asse.org>.





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VIEWPOINT- Industrial Hygiene Practice Specialty by Jim Morris

As you know, we have been focusing on a different Practice Specialty every month in the newsletter. This month, Jim Morris (Virginia Beach City Public Schools) discusses the Industrial Hygiene Practice Specialty

As someone who has been active with ASSE, I often joke that I am an Industrial Hygienist who “slipped through the cracks” in being allowed to represent myself as a part of ASSE. ...but the truth is, despite the differences that are perceived between safety and industrial hygiene, we share actually more similarities than we don’t share. The most important, in my opinion, is that both professions share the same overall mission: protecting people, property, and the environment. Because of the different approaches we may take in getting there, I think that sometimes gets forgotten.

Well, ASSE has not forgotten. The Industrial Hygiene Practice Specialty has been the fastest-growing Practice Specialty within ASSE over the last two years, and boasts more than 1,000 members. Why do these people join? I think there are a number or reasons. For one thing, how many of you, or how many people do you know, that are not only responsible for safety, but also industrial hygiene? In many places, whether it is as an internal manager

or as an outside consultant, people want turnkey service. If you have technical expertise “across the board,” you are more valuable. ASSE’s IH resources are a nice tool to have at your fingertips.

Another thing that is valuable is that, for the \$15 fee, there is a lot of information provided. This is apparent even when you visit their web site (<http://www.asse.org/dindu.htm>). The vision, values, and mission are all clearly stated and geared to serve. Additionally, on the right column, there are a number of resources that are available, ranging from information about personal protective equipment, nanotechnology, tips for working in hot weather, and mold tips (how to combat it, not how to grow it!). There is also the “Knowledge Network,” from which a member can share your knowledge and/or draw on the knowledge of other SH&E professionals. Additionally, this Specialty has a number of technical committees within it, to help with the various technical aspects within industrial hygiene.

...and then there is the newsletter, *The Monitor*. This includes timely and pertinent Industrial Hygiene information, written by ASSE members for ASSE members. As an example, here are some headlines from their recent editions:

Effective HazCom Training Needs Good Adult Learning Principles;

Nanotechnologies: What Are They? What Hazards Will SH&E Professionals Need to Assess, Evaluate & Control?;

Strengthening the “H” in Your SH&E Programs;

ASSE’s Position on Control Banding
GM’s Safety Program & Safety 21 Methodology;

A Look at CITGO’s Approach to SH&E;
Respirators & Surgical Masks: A Comparison;
Indoor Air Quality Considerations During Construction & Renovation Projects; and
Legs & Regs for Industrial Hygienists

As you can see, the information that these members cover runs the gamut, and does not just limit itself to air monitoring and respirators. We’re all in this together, and with resources like the Industrial Hygiene Practice Specialty, we can share our knowledge and be an even stronger Society!

We’re still looking for more contributors! If you a member of one of the following Practice Specialties and want to write an article, please contact Doug Alexander (dalexand@odu.edu): Academic Practice; Engineering; Management; Public Sector; and Transportation.—we want to hear from you!!!